

Doug Nunn—Coach Teambuilding Workshops

Better Teams in the Workplace

(1/2 to 2 Days)

There are times when a group or business needs someone to show up as facilitator, cheerleader, or just plain good-natured team coach! Using a variety of tricks from his years as a theater and improv coach, Nunn will help your group work together with greater facility. Improv theatre is excellent training for business professionals, providing a treasure chest of fun-filled, but goal-oriented exercises aimed at increasing trust, group cohesion and effective communication. Over the course of a workshop filled with ideas about workplace roles, the interactions of boss and employee, character status, and employee hierarchies, participants play a variety of insightful, fun, and enlightening games. The aim is to work to attain your goals and fulfill the needs of your organization. Along the way groups gain trust, attain new understanding of their role at the workplace, have laughs and go away feeling recharged and energized.

Happy Theater Ensembles

(1/2 to 2 Days)

Sometimes theatre groups can experience the same lack of team play that can afflict a business or organization. This workshop uses many of the same games and exercises that would be used in a business environment, but also delves more deeply into scene work and ensemble play. The goal is both to help your group become better team players, and to pinpoint possible impediments that may be standing in the way of greater ensemble work. Along the way, a variety of fun-filled and sometimes silly games will be played, overcoming the most intransigent individualists with enthusiasm and the joy of group camaraderie.